
Individual Meet Results
AK vs MVCC 06-Jun-09 [Ageup: 5/15/2009] SC Meters
Location: MVCC
Applewood Knolls Swim Team '08 [AKST] Coach: Dean Miller
Converted Times Used For Calculating Improvement

Time	F/P/S	Name	Class	Place	Points	Improv
Event # 1 Women 400 Free 13-14						
6:11.90Y	F	Johnson, Krista		2	4	---
Event # 4 Men 400 Free 15-16						
5:03.27Y	F	Donegan, Ben		2	4	-51.77
5:25.25Y	F	Clark, Brandon		3	3	---
Event # 6 Men 400 Free 17-18						
4:28.31Y	F	Zerwick, Andrew		1	6	-46.88
Event # 17 Women 25 Free 8 & Under						
18.93Y	F	Pierce, Taylor		1	6	-0.29
22.00Y	F	Abo, Emily		2	4	1.61
23.73Y	F	Maitland, Riley		3	3	-1.99
30.29Y	F	Powell, Jessica		5	1	0.16
32.22Y	F	Trujillo, Julia		7	---	-1.43
33.06Y	F	Alcorn, Cassandra		8	---	1.06
34.97Y	F	Koch, Kaydee		9	---	11.58
Event # 18 Men 25 Free 8 & Under						
20.59Y	F	Burks, Colton		2	4	-6.07
30.56Y	F	Ziegler, Jordan		6	---	5.78
31.21Y	F	Gasper, Hunter		7	---	7.61
31.96Y	F	Christensen, Davis		8	---	-3.94
Event # 19 Women 50 Free 9-10						
35.98Y	F	Cazier, Amy		1	6	-0.16
36.87Y	F	Leasure, Amy		2	4	-1.53
37.53Y	F	Boggs, Sarah		3	3	---
40.53Y	F	Donegan, Janell		4	2	-1.27
43.48Y	F	Wompey, Elizabeth		9	---	-12.96
46.50Y	F	Wylde, Hailey		10	---	-4.75
48.53Y	F	Whittier, Anna		11	---	---
48.60Y	F	Oehm, Kate		12	---	-3.11
48.69Y	F	Griffin, Elisa		13	---	---
49.18Y	F	Bader, Lauren		14	---	-5.86
Event # 20 Men 50 Free 9-10						
34.75Y	F	Skinner, Matt		1	6	1.00
36.53Y	F	Weese, Cameron		2	4	-0.61
39.59Y	F	Lively, Chris		3	3	-7.36
44.85Y	F	Powell, Carl		4	2	-11.96
50.60Y	F	Trujillo, Jake		6	---	-2.84
54.66Y	F	Maitland, Alex		7	---	---
59.75Y	F	Young, Cole		10	---	---

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Event # 20 Men 50 Free 9-10						
1:01.10Y	F	Perez, John		12	---	---
Event # 21 Women 50 Free 11-12						
34.66Y	F	Assmus, Mikayla		1	6	1.75
35.19Y	F	Welsh, Emma		2	4	-1.19
35.53Y	F	Bader, Madison		3	3	-3.26
36.37Y	F	Zinanti, Anna		5	1	0.53
41.78Y	F	Griffin, Ana		10	---	-6.31
45.97Y	F	Engstrom, Cheyenne		13	---	-11.49
Event # 22 Men 50 Free 11-12						
32.47Y	F	Gronski, Connor		1	6	0.36
35.53Y	F	Pothast, Max		2	4	-2.95
36.21Y	F	Pott, Jakob		3	3	-3.56
37.35Y	F	Abo, Ryan		4	2	-1.53
37.59Y	F	Rankin, Daniel		5	1	-2.21
Event # 23 Women 50 Free 13-14						
30.09Y	F	Rudolph, Emily		1	6	0.14
30.44Y	F	Romeo, Adriana		2	4	0.39
30.50Y	F	Lenhart, McKenna		3	3	0.72
31.81Y	F	McGowan, Jessica		4	2	0.37
32.35Y	F	Schrag, Samantha		5	1	0.42
32.53Y	F	Schneider, Allie		6	---	-0.29
33.57Y	F	Johnson, Krista		7	---	---
33.65Y	F	Bliss, Donalyn		8	---	1.18
35.94Y	F	Conway, Brenna		11	---	0.89
38.01Y	F	Aguiar, Izabel		12	---	1.52
Event # 24 Men 50 Free 13-14						
30.41Y	F	Cazier, Scott		2	4	-0.67
35.06Y	F	Donegan, Eddie		4	2	0.86
40.53Y	F	Fluetsch, Zach		5	1	1.76
46.22Y	F	Murphy, Isaac		6	---	---
Event # 25 Women 50 Free 15-16						
28.83Y	F	Todor, Miranda		1	6	0.21
30.72Y	F	Carter, Alana		3	3	0.04
33.56Y	F	Pothast, Amy		4	2	---
Event # 26 Men 50 Free 15-16						
26.88Y	F	Gulsvig, Carter		1	6	0.53
28.00Y	F	Gronski, Tyler		2	4	-0.29
28.53Y	F	Purcell, Logan		3	3	-0.39
31.41Y	F	Bortz, Chase		4	2	-0.04

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Time	F/P/S	Name	Class	Place	Points	Improv
Event # 28 Men 50 Free 17-18						
27.11Y	F	Clark, Brian		1	6	---
Event # 29 Women 25 Fly 8 & Under						
25.44Y	F	Pierce, Taylor		1	6	---
35.88Y	F	Goodwin, Carolyn		4	2	-1.37
Event # 30 Men 25 Fly 8 & Under						
26.10Y	F	Burks, Colton		2	4	---
Event # 31 Women 50 Fly 9-10						
46.62Y	F	Cazier, Amy		1	6	4.32
49.90Y	F	Boggs, Sarah		3	3	---
Event # 32 Men 50 Fly 9-10						
37.35Y	F	Skinner, Matt		1	6	1.78
59.56Y	DQ	Powell, Carl		---	---	---
Event # 33 Women 50 Fly 11-12						
37.12Y	F	Johnson, Kendra		3	3	---
42.55Y	F	Welsh, Emma		5	1	-2.40
Event # 38 Men 100 Fly 15-16						
58.60Y	F	Hranac, Zane		1	6	---
1:09.16Y	F	Donegan, Ben		3	3	-9.89
1:14.13Y	F	Perry, Alec		4	2	5.26
Event # 39 Women 100 Fly 17-18						
1:24.49Y	F	Rugar, Destinee		1	6	1.74
Event # 42 Men 100 Free 8 & Under						
1:51.97Y	F	Burks, Colton		2	4	-24.04
Event # 43 Women 200 Free 9-10						
3:11.38Y	F	Leasure, Amy		1	6	14.17
3:22.18Y	F	Burks, Mary		2	4	---
Event # 45 Women 200 Free 11-12						
2:47.72Y	F	Rudolph, Stephanie		2	4	---
2:56.50Y	F	Welsh, Emma		3	3	-7.73
Event # 47 Women 200 Free 13-14						
2:49.18Y	F	McGowan, Jessica		1	6	3.11
3:03.44Y	F	Conway, Brenna		3	3	3.20

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Event # 49 Women 200 Free 15-16						
2:40.06Y	F	Todor, Miranda		1	6	-8.99
Event # 50 Men 200 Free 15-16						
2:26.89Y	F	Gulsvig, Carter		2	4	-20.47
2:28.50Y	F	Clark, Brandon		3	3	-28.30
Event # 53 Women 25 Back 8 & Under						
28.62Y	F	Abo, Emily		2	4	2.04
30.16Y	F	Alcorn, Cassandra		3	3	0.92
30.90Y	F	Koch, Kaydee		4	2	0.11
34.07Y	F	Powell, Jessica		5	1	---
34.24Y	F	Maitland, Riley		6	---	1.32
45.75Y	F	Trujillo, Julia		10	---	5.48
Event # 54 Men 25 Back 8 & Under						
31.66Y	F	Gaspar, Hunter		3	3	---
33.03Y	F	Ziegler, Jordan		4	2	-3.86
45.84Y	F	Young, Ethan		6	---	7.35
49.81Y	F	Christensen, Davis		7	---	7.46
Event # 55 Women 50 Back 9-10						
50.00Y	F	Donegan, Janell		4	2	0.17
51.09Y	F	Burks, Mary		5	1	---
52.40Y	F	Whittier, Anna		6	---	---
53.86Y	F	Wompey, Elizabeth		7	---	---
58.73Y	F	Lee, Morgan		8	---	-7.87
58.87Y	F	Griffin, Elisa		9	---	---
1:04.14Y	F	Wylde, Hailey		12	---	---
1:13.68Y	F	Oehm, Kate		15	---	---
49.50Y DQ	F	Rankin, Amanda		---	---	---
Event # 56 Men 50 Back 9-10						
43.97Y	F	Weese, Cameron		1	6	-2.20
1:02.90Y	F	Maitland, Alex		5	1	-1.12
1:03.59Y	F	Trujillo, Jake		6	---	-0.51
1:09.70Y	F	Perez, John		7	---	---
Event # 57 Women 50 Back 11-12						
37.83Y	F	Johnson, Kendra		1	6	---
41.84Y	F	Zinanti, Anna		2	4	1.27
45.69Y	F	Bader, Madison		4	2	1.66
48.13Y	F	Palumbo, Sophie		6	---	1.87
Event # 58 Men 50 Back 11-12						

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Event # 58 Men 50 Back 11-12						
44.09Y	F	Rankin, Daniel		1	6	-1.51
49.39Y DQ	F	Abo, Ryan		---	---	---
Event # 59 Women 100 Back 13-14						
1:25.88Y	F	Romeo, Adriana		1	6	---
Event # 60 Men 100 Back 13-14						
1:33.59Y	F	Donegan, Eddie		1	6	-16.55
1:43.40Y	F	Lively, Justin		3	3	---
Event # 61 Women 100 Back 15-16						
1:19.24Y	F	Carter, Alana		1	6	3.87
Event # 62 Men 100 Back 15-16						
1:09.71Y	F	Hranac, Zane		2	4	---
1:13.96Y	F	Donegan, Ben		3	3	-0.64
1:38.91Y	F	Bortz, Chase		4	2	---
Event # 63 Women 100 Back 17-18						
1:19.86Y	F	Rugar, Destinee		1	6	4.38
Event # 64 Men 100 Back 17-18						
59.00Y	F	Zerwick, Andrew		1	6	0.38
Event # 75 Women 25 Breast 8 & Under						
29.00Y	F	Abo, Emily		1	6	-0.90
29.10Y	F	Maitland, Riley		2	4	1.96
40.66Y	F	Goodwin, Carolyn		3	3	---
51.16Y DQ	F	Koch, Kaydee		---	---	---
Event # 76 Men 25 Breast 8 & Under						
26.75Y	F	Assmus, Michael		3	3	4.66
53.95Y	F	Christensen, Davis		6	---	---
48.00Y DQ	F	Young, Ethan		---	---	---
32.00Y DQ	F	Ziegler, Jordan		---	---	---
Event # 77 Women 50 Breast 9-10						
49.84Y	F	Leasure, Amy		1	6	0.17
54.76Y	F	Burks, Mary		2	4	---
57.92Y	F	Donegan, Janell		3	3	-4.13
58.32Y	F	Whittier, Anna		4	2	---
58.72Y	F	Rankin, Amanda		6	---	---
1:05.50Y	F	Bader, Lauren		7	---	---
1:09.59Y	F	Griffin, Elisa		9	---	---

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Event # 77 Women 50 Breast 9-10						
1:22.13Y	DQ	F Lee, Morgan		---	---	---
Event # 78 Men 50 Breast 9-10						
50.27Y	F	Weese, Cameron		1	6	1.59
* 57.81Y	F	Maitland, Alex		2	4	-0.63
* 57.81Y	F	Powell, Carl		2	4	-16.71
1:01.22Y	DQ	F Young, Cole		---	---	---
Event # 79 Women 50 Breast 11-12						
43.56Y	F	Rudolph, Stephanie		2	4	---
44.06Y	F	Zinanti, Anna		3	3	-1.58
47.25Y	F	Bader, Madison		5	1	-3.68
48.87Y	F	Engstrom, Cheyenne		6	---	-6.42
51.71Y	F	Palumbo, Sophie		8	---	3.65
52.63Y	F	Dasch, Morgan		12	---	-1.12
1:04.34Y	F	Griffin, Ana		17	---	-3.08
Event # 80 Men 50 Breast 11-12						
42.85Y	F	Gronski, Connor		1	6	-3.80
45.25Y	F	Pothast, Max		3	3	-5.48
48.43Y	F	Rankin, Daniel		4	2	2.63
53.18Y	F	Abo, Ryan		5	1	-5.77
Event # 81 Women 100 Breast 13-14						
1:32.44Y	F	Schrag, Samantha		1	6	1.57
1:33.19Y	F	Johnson, Krista		2	4	---
1:37.05Y	F	Lenhart, McKenna		3	3	4.91
1:37.34Y	F	Aguiar, Izabel		4	2	1.42
1:39.28Y	F	Bliss, Donalyn		5	1	---
Event # 82 Men 100 Breast 13-14						
1:28.86Y	F	Cazier, Scott		1	6	---
1:30.31Y	F	Lively, Justin		2	4	---
Event # 83 Women 100 Breast 15-16						
1:22.59Y	F	Carter, Alana		1	6	1.36
1:38.97Y	F	Pothast, Amy		2	4	---
Event # 84 Men 100 Breast 15-16						
1:25.41Y	F	Gronski, Tyler		1	6	-5.10
Event # 86 Men 100 Breast 17-18						
1:25.75Y	F	Carter, Ray		1	6	2.48
Event # 87 Women 50 Free 8 & Under						

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Event # 87 Women 50 Free 8 & Under						
1:15.07Y	F	Trujillo, Julia		1	6	---
Event # 88 Men 50 Free 8 & Under						
39.69Y	F	Assmus, Michael		1	6	-2.57
Event # 89 Women 100 Free 9-10						
1:36.13Y	F	Rankin, Amanda		2	4	2.33
1:41.78Y	F	Wompey, Elizabeth		5	1	---
2:00.22Y	F	Bader, Lauren		7	---	0.15
Event # 90 Men 100 Free 9-10						
1:26.84Y	F	Lively, Chris		1	6	-39.70
1:57.42Y	F	Trujillo, Jake		5	1	-5.21
Event # 91 Women 100 Free 11-12						
1:11.50Y	F	Johnson, Kendra		1	6	---
1:21.19Y	F	Assmus, Mikayla		5	1	-0.22
1:44.27Y	F	Griffin, Ana		10	---	---
Event # 92 Men 100 Free 11-12						
1:17.46Y	F	Gronski, Connor		1	6	-5.24
Event # 93 Women 100 Free 13-14						
1:06.01Y	F	Rudolph, Emily		2	4	---
1:10.56Y	F	Romeo, Adriana		3	3	4.68
1:11.75Y	F	McGowan, Jessica		4	2	0.62
1:13.37Y	F	Schneider, Allie		5	1	-3.35
1:15.68Y	F	Lenhart, McKenna		6	---	6.76
1:19.79Y	F	Bliss, Donalyn		7	---	---
1:23.18Y	F	Conway, Brenna		9	---	-0.60
Event # 94 Men 100 Free 13-14						
1:12.10Y	F	Cazier, Scott		1	6	2.66
1:37.87Y	F	Fluetsch, Zach		2	4	---
1:55.47Y	F	Murphy, Isaac		3	3	---
Event # 95 Women 100 Free 15-16						
1:10.31Y	F	Todor, Miranda		2	4	5.17
1:25.81Y	F	Pothast, Amy		3	3	---
Event # 96 Men 100 Free 15-16						
56.50Y	F	Perry, Alec		2	4	5.16
1:03.16Y	F	Gulsvig, Carter		3	3	-2.60
1:06.60Y	F	Gronski, Tyler		4	2	-1.98

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Event # 96 Men 100 Free 15-16						
1:06.91Y	F	Purcell, Logan		5	1	---
1:18.04Y	F	Bortz, Chase		6	---	0.82
Event # 98 Men 100 Free 17-18						
54.16Y	F	Zerwick, Andrew		1	6	1.15
1:04.68Y	F	Carter, Ray		2	4	-0.77
Event # 99 Women 100 IM 8 & Under						
1:58.97Y	F	Pierce, Taylor		1	6	7.23
2:51.78Y	DQ	Goodwin, Carolyn		---	---	---
Event #100 Men 100 IM 8 & Under						
2:00.73Y	F	Assmus, Michael		2	4	-2.13
Event #101 Women 100 IM 9-10						
1:39.06Y	F	Cazier, Amy		2	4	3.56
1:50.53Y	F	Boggs, Sarah		3	3	---
Event #102 Men 100 IM 9-10						
1:32.36Y	F	Skinner, Matt		1	6	5.73
1:43.84Y	DQ	Lively, Chris		---	---	---
Event #103 Women 100 IM 11-12						
1:25.69Y	F	Rudolph, Stephanie		2	4	-4.81
1:45.04Y	F	Palumbo, Sophie		8	---	2.31
Event #104 Men 100 IM 11-12						
1:33.34Y	F	Pothast, Max		2	4	-8.83
Event #105 Women 200 IM 13-14						
2:54.96Y	F	Rudolph, Emily		1	6	---
Event #106 Men 200 IM 13-14						
3:25.00Y	F	Lively, Justin		1	6	---
Event #108 Men 200 IM 15-16						
2:20.78Y	F	Hranac, Zane		1	6	---
2:33.03Y	F	Perry, Alec		2	4	7.83
3:08.25Y	F	Purcell, Logan		3	3	---
Event #109 Women 200 IM 17-18						
2:56.62Y	F	Rugar, Destinee		1	6	10.32